



Maine Health Care Association

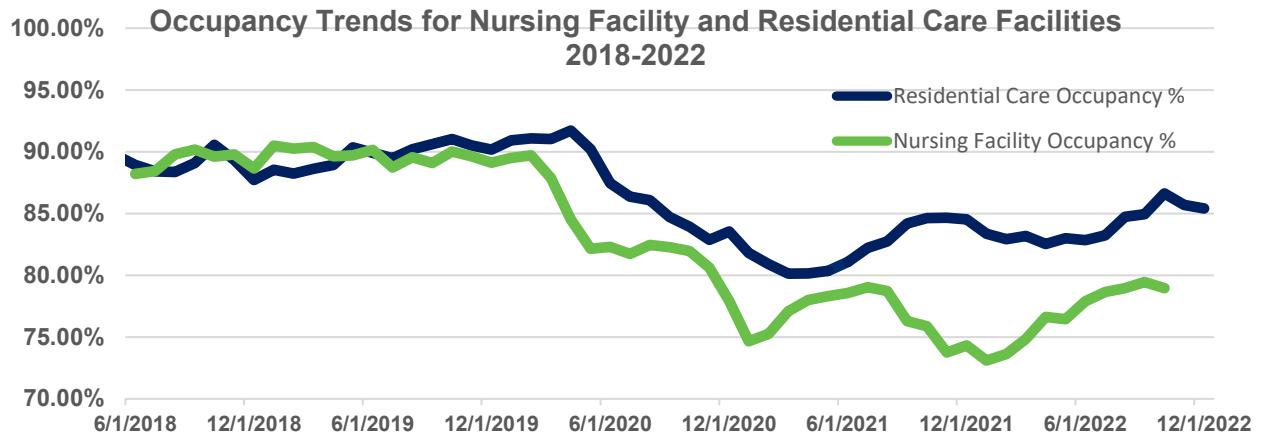
### Maine Health Care Association

Information Prepared for Health and Human Services Committee  
Supplemental Budget Work Session

Tuesday, January 31, 2023  
12:30 PM

1. Rep. Javner asked if you maintain a list of facilities in danger of closing.

MHCA does not maintain a list of facilities in danger of closing. However, we have **attached** the most recent Muskie School of Public Service occupancy data report from October 15, 2022. I have highlighted all facilities with occupancy rates less than 80%. Facilities lower than 80% typically struggle as Medicaid reimbursement rates do not cover the total costs of providing care. Less than 80% occupancy is an indicator of instability and unfortunately you can easily see how many facilities are at risk. Out of 89 facilities, 32 are below the 80% threshold—that is **36%** of nursing homes across Maine. Prior to the pandemic, long term care facilities had an average occupancy rate in the low 90% range and while census is increasing slowly there is still a long way to go and without support more facilities will close.



2. Rep. Sachs asked for clarification on why bridge funds are needed, noting that she understood that the budget initiatives in the Supplemental Budget provided that bridge.

The \$25 million one-time supplemental funding is a good start. However, \$25 million does not fully cover our annual shortfall of \$60 million between the cost of providing care and MaineCare reimbursement. Rate reform work is just beginning and a new rate model will not be implemented until 2025—we are seeking additional funding to keep long term care facilities open until that time when the rates will more adequately cover the cost of providing care.

3. Rep. Fay asked for additional information regarding the request for an extension of the deadline for the existing supplemental COVID payments to match the deadline for the newer funds.

The \$25 million that was distributed in 2022 must be spent by June 30, 2023. The \$25 million in the proposed Supplemental Budget is scheduled to be spent by June 30, 2024. We are requesting that the deadline for the 2022 \$25 million be extended to match the June 30, 2024 deadline of the newly proposed funds. We believe this will be less administratively burdensome for both our facilities and the state. Additional time will also allow facilities to fully utilize these funds within the state's guidelines.

4. Rep Gattine asked for clarification as to which supplemental payments go to residential care facilities v. nursing homes.

Yes, this \$25 million will go to both nursing homes and residential care facilities/ private non-medical institutions (PNMI-Cs). Commissioner Lambrew also verbally confirmed at the public hearing.

5. Rep. Gattine asked if supplemental payments were targeted to at-risk facilities or if other metrics were used.

The funding historically was distributed based on the size of the facilities (number of beds) and proportionate to Medicare revenues. If additional funds beyond the \$25 million were available, then establishing criteria to support at-risk facilities would be welcomed.

6. Rep Gattine asked for a list of recent facility closures and the number of beds lost.

Five nursing facilities and one assisted living facility closed in 2021. This resulted in a total loss of 278 beds. In 2022, one multi-level facility closed nursing home services resulting in a loss of 38 NF beds. A list of nursing home and residential care facility closures since 2012 is **attached**.

Beyond facility closures and losses of beds, facilities are under significant financial duress. Most facilities have empty beds due to the unprecedented workforce shortage- the lowest it has been in 15 years. Over **60%** of members report they believe staffing level needs are very concerning or believe they are at crisis level. This is reinforced by the fact that **100%** of long term care providers report they have Direct Care/CNA level positions open.

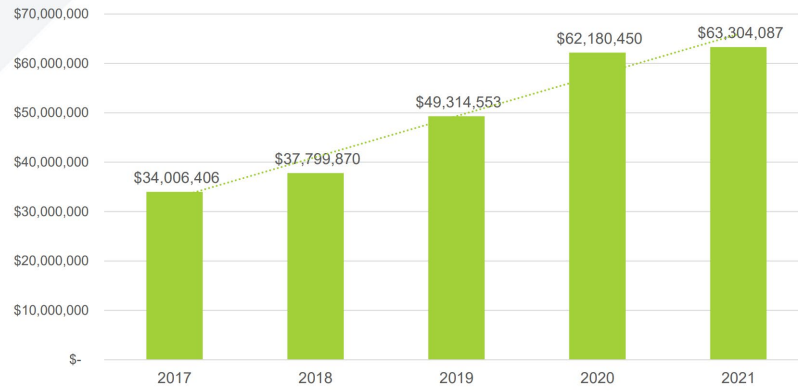
There is no shortage of residents needing long term care placement and hospitals have well documented the impact on the health care system. However, our homes are facing an existential crisis when it comes to direct care work force challenges. In a December 2022 survey of MHCA members, **55%** of respondents indicated they had to limit admissions within the past thirty days because of being understaffed.

Even facilities with higher occupancy are losing money due to the exorbitant cost of agency staffing. The cost of agency staffing has risen from \$34 million in 2017 to \$63 million in 2021 per cost reports. This is an 85% increase.

Unfortunately, there is no anticipated change in this trend for 2022 or beyond as reliance on agency staffing only continues to grow. It is truly unsustainable and that is why additional support is needed.

## Industry Trends

Maine Nursing Facility (Unit) Total Allowable Contract Labor Cost



\* Source – As Filed MaineCare Nursing Facility Cost Reports, 2017 - 2021

## MaineCare Data Management Reports -- MDS for Nursing Facilities

### MDM-NF13: Occupancy and Distribution of Assessments by Sources of Payment Based on MDS 3.0 Submissions

Roster Date: 10/15/2022

	Total		Percent	MaineCare		Medicare		Other		Unknown	
	Beds	Assess	Occupancy	Count	Pct	Count	Pct	Count	Pct	Count	Pct
Aroostook Health Center	72	33	**45.83%	30	90.91%	1	3.03%	2	6.06%	0	0.00%
Augusta Center For Health & Rehabilitation, Llc	72	56	77.78%	40	71.43%	3	5.36%	13	23.21%	0	0.00%
Bangor Nursing & Rehabilitation Center	60	48	80.00%	36	75.00%	6	12.50%	6	12.50%	0	0.00%
Barron Center	219	94	**42.92%	84	89.36%	0	0.00%	10	10.64%	0	0.00%
Borderview Rehab & Living Ctr	45	29	64.44%	21	72.41%	5	17.24%	3	10.35%	0	0.00%
Brentwood Center For Health & Rehabilitation, Llc	78	66	84.62%	43	65.15%	4	6.06%	19	28.79%	0	0.00%
Brewer Center For Health & Rehabilitation, Llc	111	100	90.09%	72	72.00%	14	14.00%	14	14.00%	0	0.00%
Caribou Rehab And Nursing Center	67	58	86.57%	48	82.76%	3	5.17%	7	12.07%	0	0.00%
Cedar Ridge Center	75	71	94.67%	35	49.30%	15	21.13%	21	29.58%	0	0.00%
Cedars Nursing Care Center	102	82	80.39%	22	26.83%	20	24.39%	40	48.78%	0	0.00%
Clover Manor	109	80	73.39%	36	45.00%	10	12.50%	34	42.50%	0	0.00%
Coastal Manor	39	33	84.62%	22	66.67%	0	0.00%	11	33.33%	0	0.00%
Colonial Healthcare	60	0	**0.00%	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Courtland Rehab & Living Center	54	35	64.82%	25	71.43%	2	5.71%	8	22.86%	0	0.00%
Cove's Edge	76	36	**47.37%	20	55.56%	1	2.78%	15	41.67%	0	0.00%
Cummings Health Care Facility	34	32	94.12%	25	78.13%	0	0.00%	7	21.88%	0	0.00%
Dexter Health Care	53	40	75.47%	28	70.00%	2	5.00%	10	25.00%	0	0.00%
Durgin Pines	81	66	81.48%	35	53.03%	15	22.73%	16	24.24%	0	0.00%
Eastport Memorial Nursing Home	26	23	88.46%	21	91.30%	0	0.00%	2	8.70%	0	0.00%
Eastside Center For Health & Rehabilitation, Llc	69	64	92.75%	36	56.25%	15	23.44%	13	20.31%	0	0.00%
Edgewood Rehab & Living Ctr	33	28	84.85%	21	75.00%	4	14.29%	3	10.71%	0	0.00%
Falmouth By The Sea	65	53	81.54%	33	62.26%	0	0.00%	20	37.74%	0	0.00%
Forest Hill Manor	45	45	100.00%	39	86.67%	0	0.00%	6	13.33%	0	0.00%
Gorham House	69	53	76.81%	26	49.06%	11	20.76%	16	30.19%	0	0.00%
Gregory Wing Of St Andrews Village	42	26	61.91%	21	80.77%	1	3.85%	4	15.39%	0	0.00%
Harbor Hill Center	40	40	100.00%	12	30.00%	14	35.00%	14	35.00%	0	0.00%

^^ Indicates occupancy over 100%. \*\* Indicates occupancy under 60%

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	Beds	Assess	Occupancy	Count	Pct	Count	Pct	Count	Pct	Count	Pct
Hawthorne House	81	58	71.61%	42	72.41%	2	3.45%	14	24.14%	0	0.00%
Heritage Rehab & Living Ctr	28	21	75.00%	15	71.43%	2	9.52%	4	19.05%	0	0.00%
Hibbard Skilled Nursing & Rehabilitation Center	93	58	62.37%	33	56.90%	14	24.14%	11	18.97%	0	0.00%
High View Manor	51	34	66.67%	31	91.18%	2	5.88%	1	2.94%	0	0.00%
Horizons Living And Rehab Center	65	61	93.85%	38	62.30%	2	3.28%	21	34.43%	0	0.00%
Island Nursing Home & Care Ctr	38	0	**0.00%	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Katahdin Nursing Home	36	32	88.89%	20	62.50%	2	6.25%	10	31.25%	0	0.00%
Kennebunk Center For Health & Rehabilitation, Llc	78	63	80.77%	40	63.49%	6	9.52%	17	26.98%	0	0.00%
Knox Center For Long Term Care	84	60	71.43%	45	75.00%	2	3.33%	13	21.67%	0	0.00%
Lakewood A Continuing Care Center	105	90	85.71%	35	38.89%	21	23.33%	34	37.78%	0	0.00%
Ledgewood Manor	60	33	**55.00%	26	78.79%	0	0.00%	7	21.21%	0	0.00%
Madigan Estates	99	95	95.96%	74	77.90%	7	7.37%	14	14.74%	0	0.00%
Maine Veterans Home - Augusta	120	85	70.83%	36	42.35%	2	2.35%	47	55.29%	0	0.00%
Maine Veterans Home - Bangor	120	80	66.67%	43	53.75%	1	1.25%	36	45.00%	0	0.00%
Maine Veterans Home - Caribou	40	33	82.50%	23	69.70%	0	0.00%	10	30.30%	0	0.00%
Maine Veterans Home - Scarborough	120	109	90.83%	36	33.03%	5	4.59%	68	62.39%	0	0.00%
Maine Veterans Home - So Paris	62	53	85.48%	20	37.74%	3	5.66%	30	56.60%	0	0.00%
Mainegeneral Rehab & Long Term Care - Glenridge	125	101	80.80%	69	68.32%	6	5.94%	26	25.74%	0	0.00%
Mainegeneral Rehab & Long Term Care - Gray Birch	77	64	83.12%	39	60.94%	3	4.69%	22	34.38%	0	0.00%
Maplecrest Rehab & Living Center	58	39	67.24%	35	89.74%	2	5.13%	2	5.13%	0	0.00%
Market Square Health Care Center, Llc	76	48	63.16%	33	68.75%	2	4.17%	13	27.08%	0	0.00%
Marshall Health Care And Rehab	64	37	**57.81%	26	70.27%	3	8.11%	8	21.62%	0	0.00%
Marshwood Center	108	100	92.59%	63	63.00%	11	11.00%	26	26.00%	0	0.00%
Mercy Home	40	34	85.00%	30	88.24%	0	0.00%	4	11.77%	0	0.00%
Mid Coast Senior Health Center	42	40	95.24%	8	20.00%	7	17.50%	25	62.50%	0	0.00%

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Montello Manor	37	33	89.19%	23	69.70%	1	3.03%	9	27.27%	0	0.00%
Narraguagus Bay Health Care Facility	35	28	80.00%	23	82.14%	1	3.57%	4	14.29%	0	0.00%
Norway Center For Health & Rehabilitation, Llc	42	39	92.86%	18	46.15%	5	12.82%	16	41.03%	0	0.00%
Oak Grove Center	90	91	^101.11%	58	63.74%	9	9.89%	24	26.37%	0	0.00%
Odd Fellows & Rebekahs' Home Of Maine	26	21	80.77%	19	90.48%	0	0.00%	2	9.52%	0	0.00%
Orchard Park Rehab & Living	38	24	63.16%	15	62.50%	1	4.17%	8	33.33%	0	0.00%
Orono Commons	80	77	96.25%	42	54.55%	16	20.78%	19	24.68%	0	0.00%
Pine Point Center	61	54	88.53%	38	70.37%	8	14.82%	8	14.82%	0	0.00%
Pinnacle Health & Rehab Canton	47	30	63.83%	22	73.33%	2	6.67%	6	20.00%	0	0.00%
Pinnacle Health & Rehab At N Berwick	64	47	73.44%	25	53.19%	5	10.64%	17	36.17%	0	0.00%
Pinnacle Health & Rehab At Sanford	86	63	73.26%	45	71.43%	1	1.59%	17	26.98%	0	0.00%
Pinnacle Health & Rehab At South Portland	73	63	86.30%	54	85.71%	1	1.59%	8	12.70%	0	0.00%
Piper Shores	40	36	90.00%	0	0.00%	4	11.11%	32	88.89%	0	0.00%
Presque Isle Rehab And Nursing Center	61	57	93.44%	49	85.97%	1	1.75%	7	12.28%	0	0.00%
River Ridge Center	62	60	96.77%	39	65.00%	10	16.67%	11	18.33%	0	0.00%
Ross Manor	103	85	82.52%	38	44.71%	16	18.82%	31	36.47%	0	0.00%
Rumford Community Home	32	31	96.88%	26	83.87%	0	0.00%	5	16.13%	0	0.00%
Russell Park Rehabilitation & Living Center	50	42	84.00%	26	61.91%	5	11.91%	11	26.19%	0	0.00%
Sandy River Center	82	73	89.02%	42	57.53%	9	12.33%	22	30.14%	0	0.00%
Sanfield Rehab & Living Center	23	19	82.61%	18	94.74%	0	0.00%	1	5.26%	0	0.00%
Seal Rock Health Care	105	80	76.19%	28	35.00%	13	16.25%	39	48.75%	0	0.00%
Seaport Village Healthcare	61	48	78.69%	22	45.83%	16	33.33%	10	20.83%	0	0.00%
Seaside Rehab & Health Care	147	120	81.63%	55	45.83%	11	9.17%	54	45.00%	0	0.00%
Sedgewood Commons	91	91	100.00%	53	58.24%	11	12.09%	27	29.67%	0	0.00%
Southridge Rehab & Living Ctr	62	52	83.87%	44	84.62%	2	3.85%	6	11.54%	0	0.00%
Springbrook Center	123	112	91.06%	67	59.82%	20	17.86%	25	22.32%	0	0.00%

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	Beds	Assess	Occupancy	Count	Pct	Count	Pct	Count	Pct	Count	Pct
St Andre Health Care Facility	96	76	79.17%	34	44.74%	15	19.74%	27	35.53%	0	0.00%
St Joseph's Rehabilitation And Residence	170	147	86.47%	105	71.43%	5	3.40%	37	25.17%	0	0.00%
St Mary's D'youville Pavilion	210	174	82.86%	129	74.14%	11	6.32%	34	19.54%	0	0.00%
Stillwater Health Care	63	53	84.13%	36	67.93%	7	13.21%	10	18.87%	0	0.00%
Summer Commons	64	60	93.75%	37	61.67%	9	15.00%	14	23.33%	0	0.00%
The Commons At Tall Pines	53	38	71.70%	24	63.16%	1	2.63%	13	34.21%	0	0.00%
The Gardens	39	32	82.05%	14	43.75%	2	6.25%	16	50.00%	0	0.00%
Waterville Center For Health And Rehab	111	97	87.39%	80	82.47%	4	4.12%	13	13.40%	0	0.00%
Westgate Center For Rehab & Alzheimers Care	65	65	100.00%	44	67.69%	4	6.15%	17	26.15%	0	0.00%
Windward Gardens	58	52	89.66%	28	53.85%	14	26.92%	10	19.23%	0	0.00%
Winship Green Center For Health & Rehab, Llc	72	54	75.00%	38	70.37%	2	3.70%	14	25.93%	0	0.00%
Woodlawn Rehabilitation & Nursing Center	46	37	80.44%	26	70.27%	1	2.70%	10	27.03%	0	0.00%

<b>Statewide Occupancy Rates</b>											
Beds	Total Count		MaineCare		Medicare		Other		Unknown		
	Assess	Occupancy	Count	Pct	Count	Pct	Count	Pct	Count	Pct	
6434	5080	78.96%	3175	62.50%	494	9.72%	1411	27.78%	0	0.00%	
	Age groups		Under 65	394	12.41%	31	6.28%	61	4.32%	0	0.00%
			65 Plus	2781	87.59%	463	93.72%	1350	95.68%	0	0.00%

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## Maine Long Term Care Facility Bed Closures: 2012-2022

Facility Name	Town	County	Year Closed	NF/SNF Beds	Res Care IV PNMI	Res Care I- IV	Adult Day Care
Gardiner Health Care Facility	Houlton	Aroostook	2022	-38	30		
Colonial Health Care	Lincoln	Penobscot	2021	-60	-19		
Country Manor Nursing Home	Coopers Mills	Lincoln	2021	-30	-22		
Evergreen Rehab & Living Center	Saco	York	2021	-42			
Franciscan Home	Eagle Lake	Aroostook	2021		-16		
Island Nursing Home & Care Facility/Homeport at Island Nursing	Deer Isle	Hancock	2021	-38	-32		
Mapleton Waiver Home	Mapleton	Aroostook	2021		-3		
Marcoux Waiver Home	Eagle Lake	Aroostook	2021		-4		
Anchor Senior Care Residence (formerly Oak Street Residential Care)	Springvale	York	2021			-8	
Somerset Rehabilitation & Living Center	Bingham	Somerset	2021	-21	-13		
The Shaw House	Biddeford	York	2021		-20		
Sandy River Center	Farmington	Franklin	2020		-28		
Sonogee Rehabilitation & Living Center	Bar Harbor	Hancock	2019	-35	-40		
Auburn Residential Care Center	Auburn	Androscoggin	2018		-35		
Bella Point Westbrook (formerly Dolley Farm)	Westbrook	Cumberland	2018		-34		
Bridgton Health & Residential Care Center	Bridgton	Cumberland	2018	-43	41		
Freeport Nursing & Rehabilitation Center	Freeport	Cumberland	2018	-61	-5		-12
Fryeburg Health Care Center	Fryeburg	Oxford	2018	-30	16		
Gray Manor	Gray	Cumberland	2018		-27		
Ledgeview Living Center	West Paris	Oxford	2018	-81	-24		
Mountain Heights Health Care Facility	Patten	Penobscot	2018	-25			
Rocky Hill Manor	Westbrook	Cumberland	2018		-16		
Seaside Skilled Rehabilitation Center/Baxter Place at Seaside	Portland	Cumberland	2018		-30		
Sunrise Care Facility	Jonesport	Washington	2018	-28			
MaineGeneral at Jackman Region Health Center	Jackman	Somerset	2017	-18			
Somerset Residential Care Center	Madison	Somerset	2017		-37		
St. Joseph's Nursing Home	Frenchville	Aroostook	2016	-43	38		
Winthrop Manor	Winthrop	Kennebec	2016	-46			
Gables Manor	Vassalboro	Kennebec	2015		-13		
Pittsfield Rehab and Nursing	Pittsfield	Somerset	2014	-57			
Volmer Country Living Center	Vassalboro	Kennebec	2014		-22		
Northern Bay Residential Living Center (formerly Penobscot Nursing Home)	Penobscot	Hancock	2017	-54	-42		
Oceanview Nursing & Residential Care	Lubec	Washington	2014	-31	-8		
Saint Joseph's Rehabilitation & Residence	Portland	Cumberland	2013		-44		-25
Sabattus Residential Care	Sabattus	Androscoggin	2013		-19		
Atlantic Rehab & Nursing Center/Washington Place Assisted Living	Calais	Washington	2012	-52			
Dexter Boarding Home	Dexter	Penobscot	2012		-27		
Fairmount Boarding Home	Bangor	Penobscot	2012		-25		
				<b>NF/SNF Beds</b>	<b>Res Care IV PNMI</b>	<b>Res Care I- IV</b>	<b>Adult Day Care</b>
<b>Totals:</b>				-833	-480	-8	-37