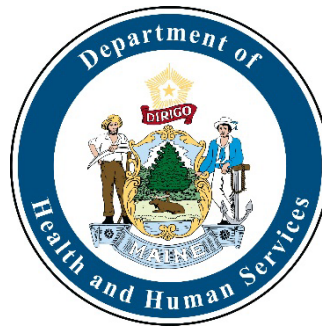


The Office of MaineCare Services (OMS)

Michelle Probert, Director
January 2023



Agenda

- What is MaineCare and who benefits?
- About the Office of MaineCare Services
- State & federal authority and requirements
- MaineCare priorities:
 - End of COVID-19 continuous coverage requirement
 - Accomplishments & current initiatives
- Enrollment and cost trends

What is MaineCare?

MaineCare provides health insurance coverage for Maine children and adults who are older, disabled, and/or with low income (138% of the Federal Poverty Level (FPL) for all adults, and, starting in October 2023, 300% FPL for children through age 20).

Example: A family of four would need to earn \$41,400 or less annually for the parents and children to be eligible MaineCare (Medicaid) coverage.

MaineCare includes Maine's Medicaid program and Children's Health Insurance Program (CHIP), referred to as CubCare, which are jointly funded by the federal government and the state and governed by:

- Federal and state law and regulations.
- The Medicaid and CHIP State Plans, which serve as Maine's agreement with the Centers for Medicare & Medicaid Services (CMS) regarding benefits, services, and responsibilities.
- MaineCare rules, documented in the [MaineCare Benefits Manual](#).

MaineCare also includes certain state-funded benefits and coverage groups, governed by MaineCare rule.

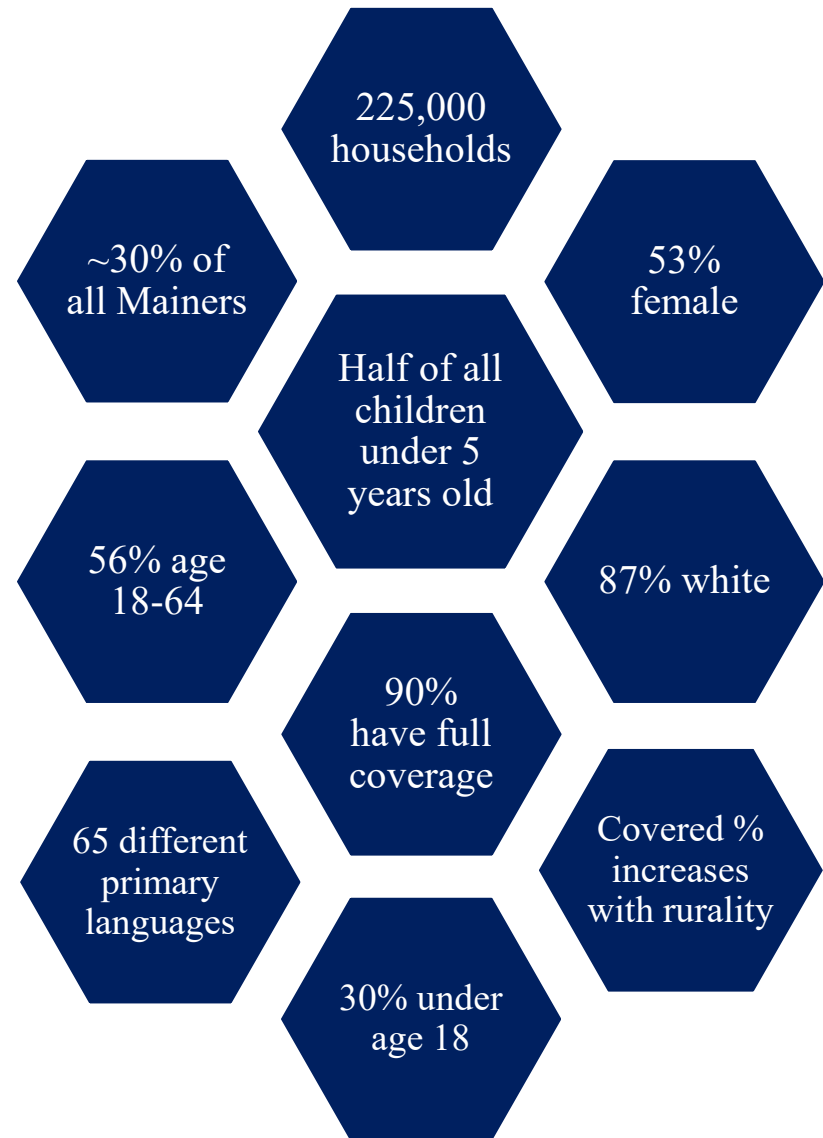
Who is Enrolled in MaineCare?

Total Number of
Members*:
404,739

As of 10/2022

Mainers eligible for
MaineCare typically face:

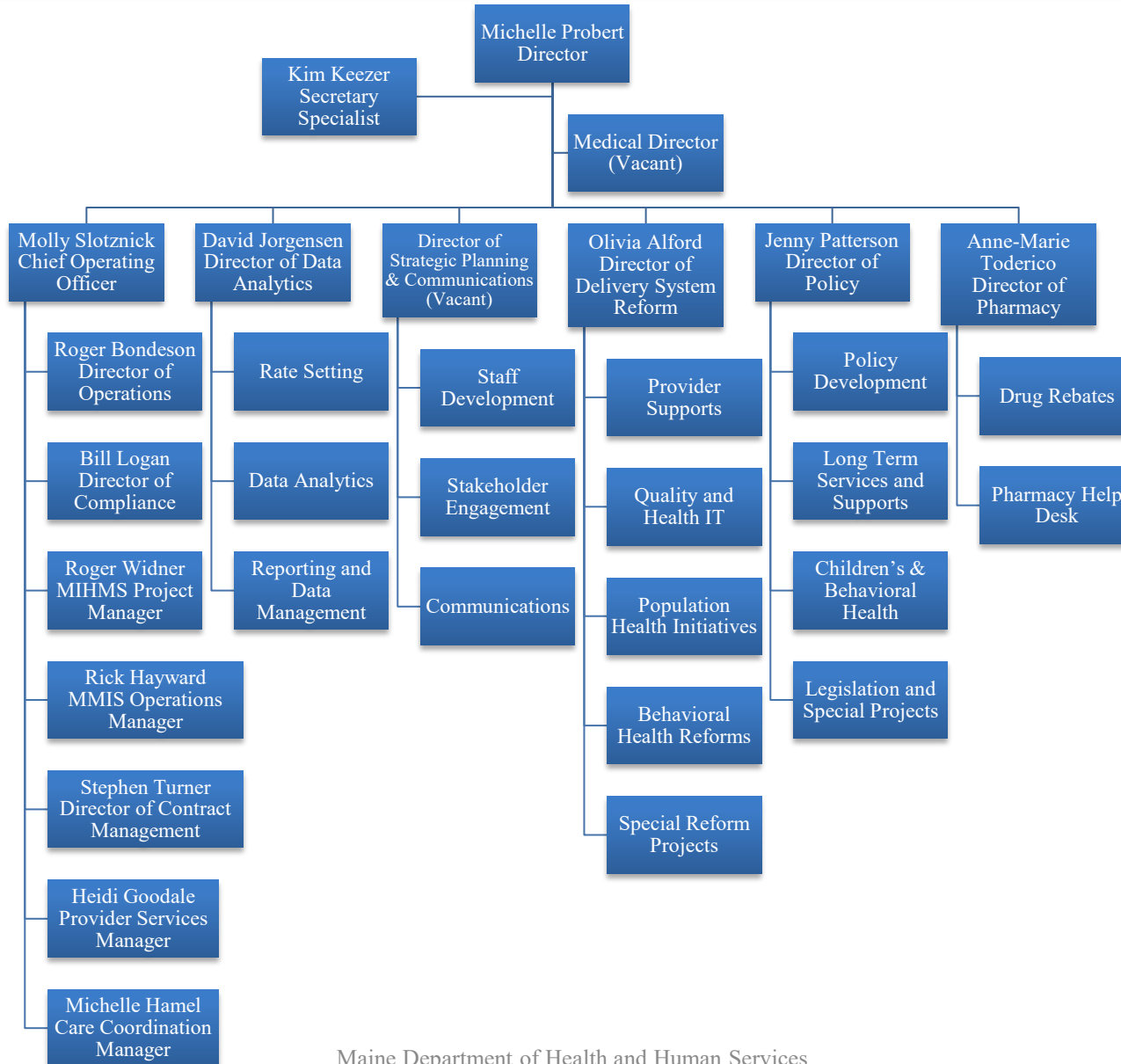
- Higher health burden
- Greater structural and social inequity
- More individual health vulnerability



*Includes members receiving coverage for all full and limited benefits, including state-funded services.

The Office

MaineCare Organizational Chart



MaineCare's Role with Sister DHHS Offices

MaineCare is responsible for obtaining state and federal authority to provide coverage of and reimbursement for MaineCare-covered services coordinated/overseen through the following DHHS offices:

- **Office of Child and Family Services:** providing services to Maine's children
- **Office of Aging and Disability Services:** providing services to Maine's older adults and adults with disabilities
- **Office of Behavioral Health:** providing services to Mainers of all ages who need mental health and/or substance use disorder services.

The DHHS **Office for Family Independence** is responsible for MaineCare eligibility and enrollment, including obtaining federal and state authority for changes to eligibility requirements or categories. OFI also handles enrolling individuals in the appropriate MaineCare categories and oversees the annual recertification process for maintaining MaineCare eligibility.

Authority & Requirements

Federal Medicaid Requirements

Basic Coverage

- Must provide mandatory services to mandatory populations
- All services (not in a waiver) must be available statewide
- Members must be able to choose their providers
- Services must be “sufficient in amount, duration, and scope to reasonably achieve their purpose”
- Services must be “medically necessary”
- Services may be limited based on policies to promote quality of care and prevent over- or inappropriate utilization

Medicaid Waivers

What is a Waiver?

- Outside the State Plan
- State submits special application to CMS to waive certain federal requirements, in exchange for meeting cost neutrality or cost efficiency requirements.
- Burdensome application process, subject to additional scrutiny, reporting, monitoring and evaluation requirements. Authorization expires and requires renewal.

Waiver Type	Waiver of:
1915(c) Home and Community Based Waiver (HCBS): prevents need for care in an institutional setting.	<ul style="list-style-type: none">• Comparability of services• Eligibility requirements
1915(b) Managed Care Waiver: Enables states to provide services through managed care delivery systems.	<ul style="list-style-type: none">• Member choice of provider
1115 Research and Demonstration Project: Provides states flexibility to test new services models to promote Medicaid's objectives. Must be budget neutral.	<ul style="list-style-type: none">• Certain provisions of Medicaid law

MaineCare's HCBS Waivers

1915(c) HCBS Waiver

Section 18, HCBS for Adults with Brain Injury

Section 19, Home and Community Benefits for the Elderly and Adults with Disabilities

Section 20, HCBS for Adults with Other Related Conditions

Section 21, Home and Community Benefits for Members with Intellectual Disabilities or Autism Spectrum Disorder

Section 29, Support Services for Adults with Intellectual Disabilities or Autistic Spectrum Disorder

Other MaineCare Waiver Programs

1915(b) Waiver:

- **Non-Emergency Transportation**, available to all MaineCare members.

1115 Waivers:

- **HIV/ AIDS Waiver:** MaineCare coverage for individuals with an HIV diagnosis and income up to 250% FPL.
- **Substance Use Disorder (SUD) Institute for Mental Disease (IMD) Exclusion Waiver**
 - Enables residential SUD treatment facilities to expand capacity beyond 16 beds (approved December 2020)
 - Community-based “pilots” to provide additional skills development and parenting support services to MaineCare-enrolled parents with SUD who are involved with or at-risk of involvement with Child Protective Services (CPS) (approved July 2022)
 - Pilot to extend MaineCare coverage for parents during the CPS assessment process (approved July 2022)

MaineCare Benefits Manual (MBM)

The *MaineCare Benefits Manual* is Chapter 101 of [10-144](#), which outlines *Rule Chapters for the Department of Health and Human Services*.

- Chapter I of the MBM covers general administrative policies and procedures that MaineCare-enrolled providers must follow.
- Chapter II outlines covered services and the criteria associated with each covered service.
- Chapter III covers reimbursement rates for each covered service.

Chapters II and III are broken into policy sections that are defined by a group of services.

PL21, Ch. 639/22 MRSA §3173-J Governs MaineCare Rate System

1. Sets schedule for regular rate review and adjustment

- Annual updates to rates benchmarked off Medicare or other payers
- For non-benchmarked rates:
 - Department annually develops [schedule of rate determination](#) for coming year
 - Rates not being re-determined per schedule receive annual cost of living adjustments

2. Ensures review of relevant state and national data to inform rate amounts and payment models, with emphasis on models that promote high value services by connecting reimbursement to performance

3. Formalizes clear and transparent process for rate determination

- Public notice, public presentation and comment on proposed rates, and a public response to comments
- Establishment of rate system subcommittee to MaineCare Advisory Committee

4. Establishes Technical Advisory Panel

Example of Rate Determination Process: Behavioral Health & Care Coordination Rate Studies (Sections 13, 17, 28, 65 & 92)



www.maine.gov/rate-reform

MaineCare Priorities

Update on “Unwinding:” End of COVID-19 Medicaid Continuous Coverage Requirement

- Families First Coronavirus Response Act became law on March 18, 2020
 - Authorized a 6.2 percentage point increase in the Medicaid federal match rate for states that meet continuous coverage requirement
 - Implications: People who lose eligibility due to increased earnings or other reasons must remain covered by Medicaid
 - MaineCare members have been getting renewal forms, but the vast majority have not been disenrolled since the start of the PHE
- Consolidated Appropriations Act of 2023: Continuous coverage requirement is no longer linked to the declaration of the Public Health Emergency and ends on March 30, 2023. States have 14 months to conduct redeterminations for all Medicaid enrollees.
 - Quarterly phaseout of FMAP enhancement starting Q2 2023 (5 percentage point) through Q4 2023 (1.5 percentage point)

Office of MaineCare Services' Priorities

Special Priority on Unwinding:

Work with Office for Family Independence, Office of the Health Insurance Marketplace, Maine CDC Office of Population Health Equity and across the Department to maximize health insurance for members affected by the end of CMS continuous coverage requirement.

- Education for OMS and Department staff
- Developing provider toolkit and *Stay Connected to Stay Covered* campaign for radio, social media
- Contracts with Community Based Organizations to conduct education and renewal outreach to members

www.maine.gov/phe

Office of MaineCare Services' Priorities

- 1. Ensure MaineCare benefits, rates, and payment methods incent high value services that address members' social health needs and expand access to equitable, member-centered care.**
- 2. Strengthen our technology, systems and skills to maximize our efficiency, effectiveness, and ability to be data driven.**
- 3. Establish a culture of compliance and maximize federal opportunities to promote long-term financial sustainability.**
- 4. Foster a positive, supportive workplace environment where employees are engaged.**

Office of MaineCare Services' Priorities

1. Ensure MaineCare benefits, rates, and payment methods incent high value services that address members' social health needs and expand access to equitable, member-centered care.

Achieved FY23 to date:

- Enacted P.L. 2021, Ch. 639 codifying MaineCare Rate System Reform
- Coverage expansion for those ineligible for Medicaid due to immigration status:
 - CHIP for pregnant people
 - State-funded for children
- 12-mo. postpartum coverage: almost 1,000 members benefited since 8/2022
- Implemented comprehensive adult dental coverage, investment in dental rates and update to methodology
- Initiated regular COLA adjustments
- Standardized Medicare benchmarks to current year
- Implemented PCPlus program
- Adopted new Opioid Health Homes rule
- Implemented new HOME Program
- Implemented coverage for new mental health Intensive Outpatient Program services
- Updated rates to comply with COLA and Part AAAA provisions to ensure labor components equal at least 125% of minimum wage
- Implementing rates from broad scale rate determination for all community based and outpatient behavioral health services.
- Changes to Non-Emergency Transportation contracts and processes to help improve customer satisfaction

Office of MaineCare Services' Priorities

- 1. Ensure MaineCare benefits, rates, and payment methods incent high value services that address members' social health needs and expand access to equitable, member-centered care.**

Initiatives in progress

- Transition of MaineMOM program for pregnant and parenting people with OUD from grant-funded to MaineCare-covered benefit
- Rate determinations for distinct inpatient psychiatric and SUD units
- FQHC rebasing
- Rate reform/ development of Alternative Payment Models for:
 - Family Planning Clinics
 - Nursing Facilities and Residential Care Facilities
 - Acute care hospital inpatient and outpatient services
- Coverage for National Diabetes Prevention Program
- Expansion of Opioid Health Home model to other substances
- Development of Certified Community Behavioral Health Clinic service
- Development of palliative care service
- Hiring new Member Engagement Manager and Coordinator (LPPs)

Office of MaineCare Services' Priorities

1. Ensure MaineCare benefits, rates, and payment methods incent high value services that address members' social health needs and expand access to equitable, member-centered care.

Goal: 40% of MaineCare payments are tied to value by the end of 2022



- ✓ Increased the proportion of payments tied to value by ~20 percentage points over the last 4 years.
- ✓ Engaged with stakeholders and national experts for thoughtful roll out of performance-based payment provisions
- ✓ Working to align incentives to drive meaningful health improvement and cost containment

Office of MaineCare Services' Priorities

2. **Strengthen our technology, systems and skills to maximize our efficiency, effectiveness, and ability to be data driven.**

Initiatives

Complete:

- Hired new Health Equity data analyst position

In progress:

- ReFRAME Project: Redesign of systems and accounting structures for better alignment between MaineCare claims system (MIHMS), accounting, and CMS reporting
- DHHS Operations Excellence initiative and internal toolkit to map, improve, and formalize MaineCare process to take policy and program changes from design to implementation
- MaineCare team members participating in LEAN and other project management/ process improvement training

Office of MaineCare Services' Priorities

3. Establish a culture of compliance and maximize federal opportunities to promote long-term financial sustainability.

Initiatives in progress

- Collaboration with Office for Family Independence and Office of Health Insurance Marketplace to meet reporting and system requirements necessary to maintain enhanced federal match during “unwinding” of continuous coverage requirement.
- On-time implementation of stage two of Electronic Visit Verification for Hospice and Home Health (21st Century Cures Act requirement)
- Leveraging enhanced federal match from Section 9817 of the American Rescue Plan to enhance, expand and strengthen Home & Community Based Services, inclusive of behavioral health, for numerous initiatives

Office of MaineCare Services' Priorities

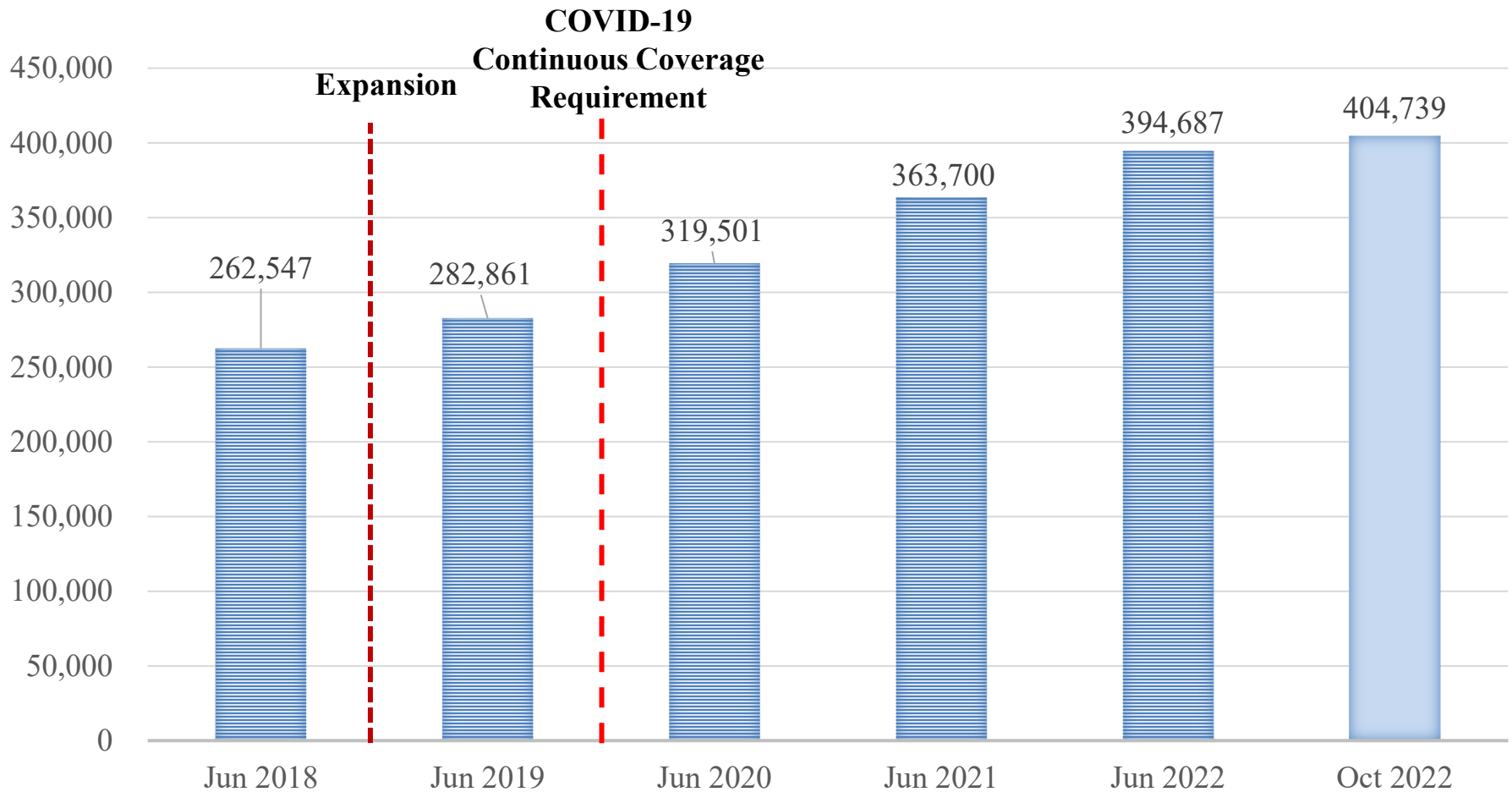
4. **Foster a positive, supportive workplace environment where employees are engaged.**

Initiatives in Progress

- MaineCare's implementation of DHHS Diversity, Equity and Inclusion strategic plan
- Developing structure for MaineCare Managers & Supervisors of rotating, volunteer facilitators to determine agenda with help from mentor and new advisory team
- Ongoing, externally funded support for team members to attend trainings and conferences that further their professional development

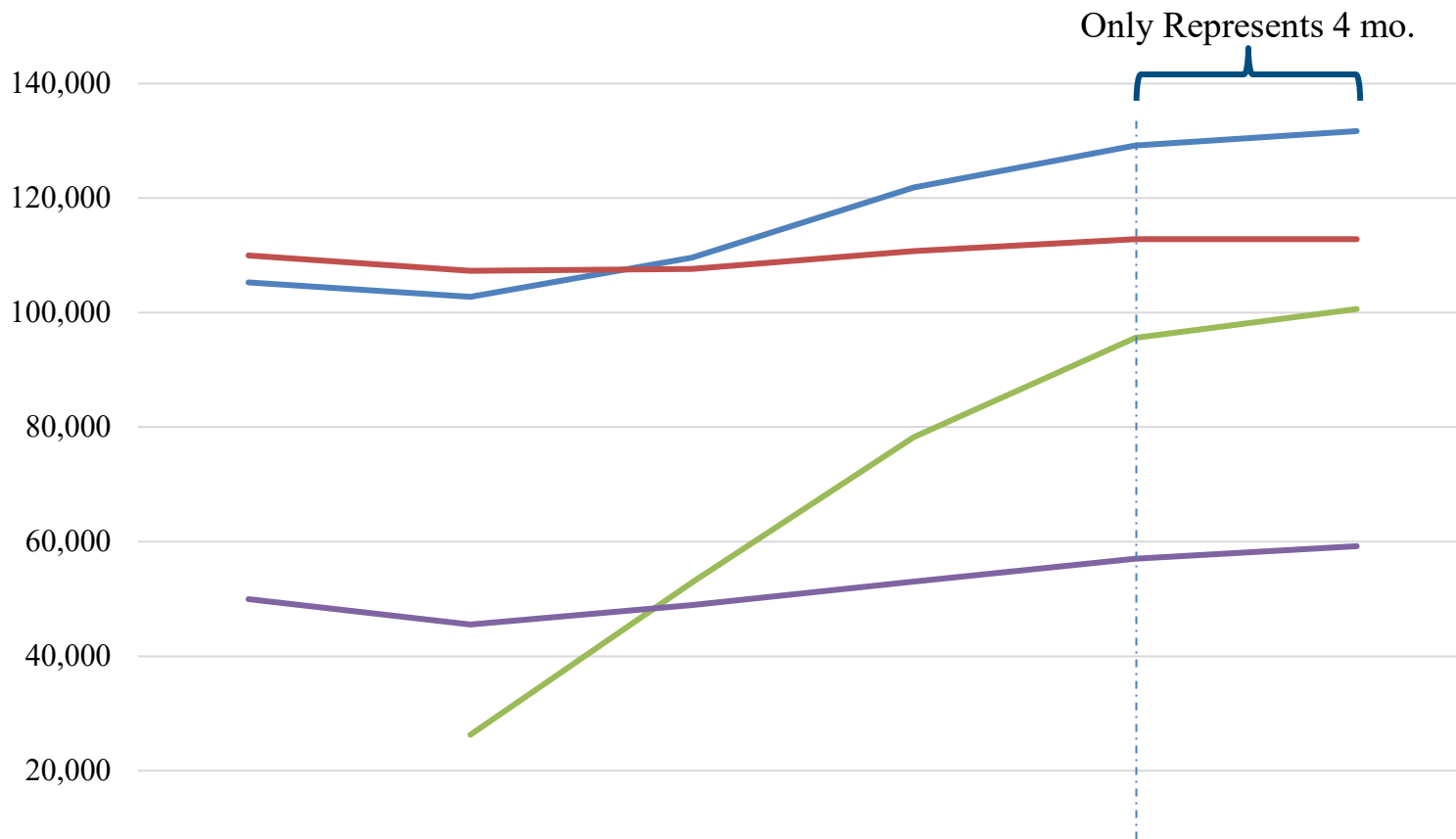
MaineCare Enrollment & Costs

MaineCare Programs* Enrollment Trend: 2018-2022



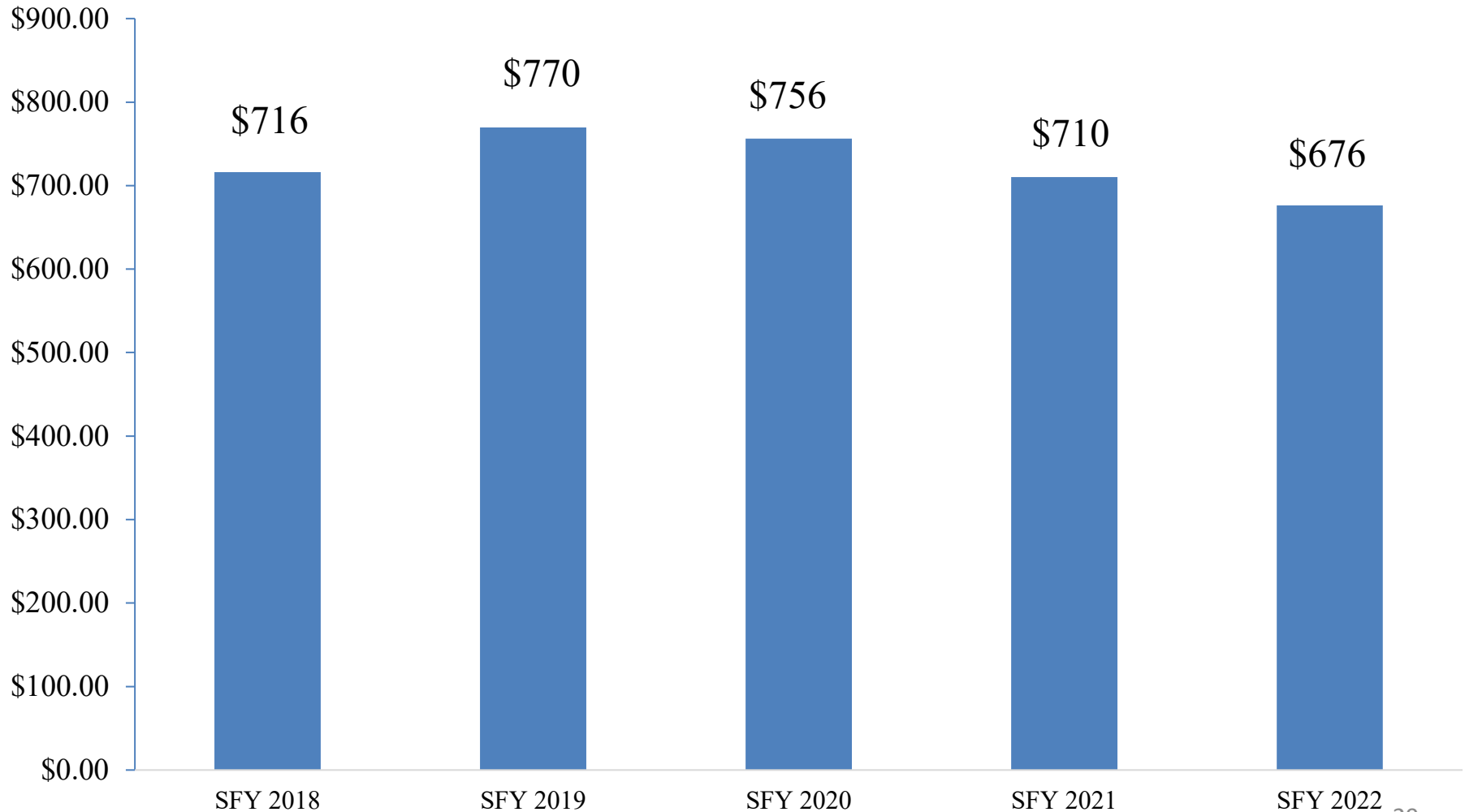
*Includes members receiving coverage for all full and limited benefits, including state-funded services.

Enrollment by Major Eligibility Groups



	6/1/2018	6/1/2019	6/1/2020	6/1/2021	6/1/2022	10/1/2022
Children	105,296	102,760	109,570	121,869	129,182	131,715
Blind/Aged/Disabled	109,968	107,300	107,639	110,748	112,803	112,829
Expansion Adult		26,247	52,858	78,239	95,583	100,647
Traditional Adult	49,935	45,556	48,930	53,019	57,030	59,215

In alignment with national trends under COVID continuous coverage requirement, MaineCare per member per month spending has fallen



MaineCare Quality Performance, 2020

Maine's performance on select adult, child, and health home (HH) measures compared to other Medicaid programs nationally

Top Quartile

- Inpatient Admissions for patients with chronic conditions (HH)
- Unplanned Readmissions to hospital within 30 days of discharge (HH)
- Use of Pharmacotherapy for Opioid Use Disorder (HH)
- Emergency Department Visits (HH)
- Follow-Ups for Children Prescribed ADHD Meds: Ages 6-12
- Metabolic Monitoring for Children on Antipsychotics: Ages 1-17

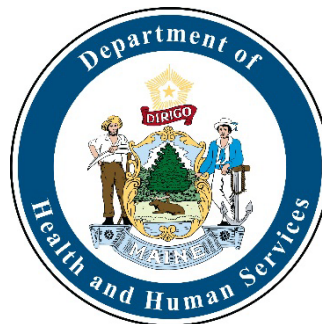
Bottom Quartile

- Initiation and Engagement of Alcohol or Other Abuse-Dependence Treatment
- Timely Follow-Up after Emergency Department visit for Alcohol and other drug abuse/dependence (HH)
- Dental Sealants for Children at Elevated Caries Risk : Ages 6-9
- Preventive Dental Services: Ages 1-20
- Chlamydia Screening in Women: Ages 16-20, 20-24

Questions?

Michelle Probert
MaineCare Director

michelle.probert@maine.gov



Appendix: Mandatory and Optional Covered Services, and Full & Limited Coverage Groups

MaineCare – Mandatory Covered Services

Federal Medicaid law requires states to cover the following services:

- Inpatient hospital care
- Outpatient hospital care
- Physician Services
- Nurse mid-wife and Nurse Practitioner Services
- Federally Qualified Health Centers/Rural Health Centers
- Laboratories and X-ray Services
- Nursing Facility Services (age 21 and older)
- Home Health Services (including related supplies and equipment)
- Transportation to medically necessary services
- Early Periodic Screening Diagnosis and Treatment (<21)
- Family Planning
- Tobacco cessation counseling for pregnant women
- Certified Pediatric and Family Nurse Practitioner Services
- Freestanding Birth Center Services (when licensed or otherwise recognized by the state)

MaineCare – Optional Covered Services

MaineCare also covers the following optional services:

- Prescription Drugs
- Chiropractic Services
- Podiatry
- Diagnostic Services and Screening
- Preventive Services
- Rehabilitative Services
- Clinic Services
- Dental Services (limited for adults)
- Dentures
- Physical and Occupational Therapy
- Speech, Language and Hearing Services
- Prosthetic devices, including eyeglasses
- Health Homes for members with chronic conditions
- Inpatient Psychiatric Care
- Intermediate Care Facilities for Individuals with Intellectual Disabilities (ICF/IDD)
- Private Duty Nursing
- Personal Care Services
- Hospice
- Home and Community-Based Services (habilitation)
- Case Management
- Respiratory Care
- Optometry Services
- Other practitioner services

MaineCare – Full Benefit Coverage

Coverage Group	Eligibility Criteria
Infants (< age 1)	<ul style="list-style-type: none"> Newborns on date of birth Family income up to 196% Federal Poverty Level (FPL)
Children 1-18 (including CHIP** and state-funded)	<ul style="list-style-type: none"> Family income up to 162% FPL: no premium Family income up to 213% FPL: with premium
Katie Beckett**: children < age 19 w/ serious health condition	<ul style="list-style-type: none"> Monthly income less than 300% of the Supplemental Security Income (SSI) and resources less than \$2,000 Services at home that cost less than the cost of care in a facility where a child would otherwise be served
19-20 year olds (including expansion**)	<ul style="list-style-type: none"> Household income up to 161% FPL
Former Maine foster children < age 26**	<ul style="list-style-type: none"> Not otherwise eligible for, or enrolled in, other MaineCare coverage
Pregnant Women (includes CHIP UCO)	<ul style="list-style-type: none"> Household income up to 214% FPL Medicaid coverage extended for 12 months postpartum.

*** Premiums and waitlists to be eliminated beginning March 2023, FPL limit to go to 300% as of October 2023.*

MaineCare – Full Benefit Coverage

Coverage Group	Eligibility Criteria	
Expansion Adults (21-64)**	<ul style="list-style-type: none"> Household income up to 138% FPL Not eligible for Medicare 	
Aged, Blind & Disabled*	<ul style="list-style-type: none"> Household income up to 100% FPL, over age 65 OR disability condition, per Social Security Administration 	
Working with a Disabling Condition	<ul style="list-style-type: none"> Household income up to 250% FPL Asset limit and/or income test 	
Benefit	Description	Eligibility Criteria
Medicare Savings Program*	<p>SLMB+: Pays Part B monthly premiums and covers additional Medicaid benefits.</p> <p>QMB+: same as SLMB, plus pays Medicare coinsurance and deductibles.</p>	<ul style="list-style-type: none"> SLMB+: 170% FPL QMB+: 150% FPL
Long-Term Care Coverage*	<p>Nursing Facility (NF) Residents: Covers room, food, nursing, routine supplies, and equipment.</p> <p>Residential Care: Covers assisted living services for individuals who live in apartment or small adult family care home.</p>	

* Has asset limit and/or income test

** Optional population for coverage, per CMS.

MaineCare – Limited Benefit Coverage

Benefit	Description	Eligibility Criteria
HIV/ AIDS Waiver**	For people living with HIV/AIDS who are not eligible in another coverage group. Must comply with treatment plan.	Household income up to 250% FPL; monthly premium may be required
Limited Family Planning**	Limited family planning services for individuals not otherwise eligible for MaineCare.	Household income up to 214% FPL
Emergency MaineCare	Emergency services only. Labor and delivery are also covered.	Non-citizens without documents from Homeland Security
Justice-involved Individuals	Inpatient services in hospitals, Intermediate Care Facilities for Individuals with Intellectual Disabilities, Nursing Facilities, juvenile psychiatric facilities	Involuntarily confined in a public institution, state or federal prison, jail, detention facility, or penal facility

*** Optional population/ benefit for coverage, per CMS.*

MaineCare – Limited Benefit Coverage

Benefit	Description	Eligibility Criteria
Medicare Savings Program*	QI: Pays Part B monthly premiums SLMB: Pays Part B monthly premiums QMB: Pays Part B monthly premiums, plus Medicare coinsurance and deductibles.	<ul style="list-style-type: none"> • QI: 185% FPL • SLMB: 170% FPL • QMB: 150% FPL
Private Health Insurance Premium (PHIP)	Helps pay the MaineCare member's share of the cost for private health insurance.	<ul style="list-style-type: none"> • Enrolled in MaineCare as well as private coverage
COVID-19 Testing, Treatment, and Vaccination for Uninsured	100% federally funded coverage of COVID-19 related services. Also receive Maine Rx Plus benefit.	<ul style="list-style-type: none"> • Must be uninsured, not otherwise eligible for MaineCare

*Has asset limit, must be entitled to Medicare Part A

** Optional population for coverage.

MaineCare-Administered Non-Medicaid Benefits

Benefit	Description	Eligibility Criteria
Maine Rx Plus	State-funded discount drug program	<ul style="list-style-type: none"> • 350% FPL • Over-income for MaineCare
Drugs for the Elderly (DEL)	State-funded discount drug program	<ul style="list-style-type: none"> • Household income up to 350% FPL • Age 62 or older or disability, over-income for MaineCare
Breast & Cervical Cancer Screening	State-funded coverage of breast and cervical cancer screenings.	<ul style="list-style-type: none"> • Household income up to 250% FPL • Women <age 65 with breast or cervical cancer/ pre-cancer
State-Funded Abortion Services	State-funded coverage of abortion services not covered under federal Medicaid benefit	<ul style="list-style-type: none"> • Enrolled in MaineCare