MaineHealth

MaineHealth's Response to Covid-19

Presentation to Joint Standing Committee on Health and Human Services

January 28, 2022



Pandemic Snapshot: Prevention and Treatment

- Since the pandemic began:
- As of January 12, 2022, MaineHealth has administered 516,775 doses of vaccine to residents of Maine
 - Approximately 20% of total doses administered
- MaineHealth hospitals have treated 3,547 patients with Covid-19
- In last 30 days:
 - Average of 143 patients hospitalized with Covid
 - » 157 on Tuesday
 - Average age of hospitalized Covid patients is 58
 - Average length of stay of 6.8 days
 - » Was 5.03 days in 2019
 - » Significantly compounds pressure on inpatient beds

COVID-19: Confirmed Cases Currently Hospitalized in Maine Statewide (ME-CDC)

April 17, 2020-January 21, 2022



System Capacity Challenges

- Acuity has increased
- Average daily census significantly higher than pre-Covid
- Hospital bed expansions to accommodate increased census
 - Added 94 licensed beds across system to accommodate additional volume
 - ICU bed expansions
 - » Maine Medical Center doubled its non-cardiac ICU bed capacity
- Significant backlog of surgical cases
 - 2,138 at Maine Medical Center alone
- Increased ED utilization
 - MMC's NEDOC score consistently between 130-180
 - » 100 represents a very busy ED
- Staffing challenges result in **closed hospital beds** at Spring Harbor Hospital

Care Becoming More Complex as the Population Ages



Patients In Need of Appropriate Care

- Pandemic has exacerbated that challenge of patients who get "stuck" in inpatient and emergency departments
 - 30-50% of ED beds have been filled with patients awaiting behavioral health services
 - » Increased demand due to pandemic
 - » Reduced inpatient capacity due to staffing shortages
 - » Closure of residential treatment and group home beds
 - We hear about these anecdotally and with increased frequency
 - » Lack of community service availability
 - In November and December, 85 children stuck in MH EDs
 - » 5-18 years
 - » 2-20 days, with average of 5.5 days
- Only 1 MH hospital did not have a child stuck for at least 48 hours during the months of November and December, 2021

ED Census VS. Psych Holds (AM)



Cumulative Behavioral Health Patients in Emergency Department

Adult Behavioral Health Patients
Children Behavioral Health Patients



6 month trend. Patient counted as 1 for each day waiting.

Long Term Care Challenges

- Over 140 patients stuck in inpatient beds awaiting appropriate levels of care
 - SNF and NFs are predominant need
 - 8 are over 100 days awaiting placement
- This compounds the need for inpatient beds to accommodate increased volume
- <u>Staffing shortage exacerbating Covid challenges at nursing facilities</u>

The Workforce Challenges

• MaineHealth has added almost 1,000 positions to accommodate volume

- January of 2021 23,844 positions, of which 1,323 were open
- January of 2022 24,687 positions, of which 2,772 are open
- 6,000 nursing positions, of which 847 are open
- MaineHealth has invested in resetting wage floor for care teams
 - \$72 million mid-year investment for all care team members except physicians and executives
 - » Increased minimum wage to \$17/hr.
 - » \$25 million to RNs and CNAs
- 434 individuals less than 2% of total employee base left due to vaccine mandate

Weekly RN and CNA Open Positions



 \square RN \square C.N.A.

Evolving Guidelines to Support Patient Care

- MaineHealth is changing its return to work policy based on CDC guidance to allow care team members who feel well and are fever-free to return to work after five days of symptom onset for Covid.
 - The vast majority of evidence shows that the virus will no longer be transmissible
- Testing will no longer be required to return to work for those individuals who feel well because it is not accurate in determining transmissibility, only in diagnosing Covid.

Our Health Care Heroes

- 110 National Guard deployed across our system
- FEMA Team supporting vaccinations
- Medical Team supported inpatient unit at MMC in December
- Ambulance service at Mid Coast, Franklin, Maine Medical Center and Southern Maine Health Care
- The Mills Administration has been very helpful providing flexibilities and

Support for our operations as well







MaineHealth's Investment in Our Care Team

- Investment of \$72 million in 18,000 care team members (excluding executives and physicians)
- Enhanced employee referral bonus, sign on bonus
- Over \$7.6 million in quarantine leave
- Over \$3.2 million for child care

- Avoided layoffs, pay cuts and increases to employee benefit costs.
- Investing in wellness programs to support care team well-being





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