



# 131st MAINE LEGISLATURE

## FIRST REGULAR SESSION-2023

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Legislative Document

No. 156

H.P. 97

House of Representatives, January 12, 2023

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### **An Act to Require Outdoor Recess Time for Students from Grade 6 to Grade 8**

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Reference to the Committee on Education and Cultural Affairs suggested and ordered printed.

A handwritten signature in cursive script that reads "Robert B. Hunt".

ROBERT B. HUNT  
Clerk

Presented by Representative CRAVEN of Lewiston.  
Cosponsored by Representatives: ARFORD of Brunswick, DODGE of Belfast, WILLIAMS of Bar Harbor, Senator: ROTUNDO of Androscoggin.

1 **Be it enacted by the People of the State of Maine as follows:**

2 **Sec. 1. 20-A MRSA §4015** is enacted to read:

3 **§4015. Outdoor recess**

4 A school administrative unit shall provide no fewer than 3 days a week at least 20  
5 minutes of outdoor recess for all students from grade 6 to grade 8. If there is no opportunity  
6 for outdoor recess pursuant to this section due to inclement weather or for some other  
7 reason, a school administrative unit shall arrange alternate accommodations to provide for  
8 recess. For purposes of this section, "recess" means unstructured physical activity, leisure  
9 or recreational time.

10 **SUMMARY**

11 This bill requires every school administrative unit to provide for all students from grade  
12 6 to grade 8 at least 20 minutes of outdoor recess, which includes unstructured physical  
13 activity, leisure and recreational time, no fewer than 3 days a week. If there is no  
14 opportunity for outdoor recess due to inclement weather or for some other reason, a school  
15 administrative unit must arrange alternate accommodations to provide for recess.