An Act to Require Outdoor Recess Time for Students from Grade 6 to Grade 8

Reference to the Committee on Education and Cultural Affairs suggested and ordered printed.

Presented by Representative CRAVEN of Lewiston.
Be it enacted by the People of the State of Maine as follows:

Sec. 1. 20-A MRSA §4015 is enacted to read:

§4015. Outdoor recess

A school administrative unit shall provide no fewer than 3 days a week at least 20 minutes of outdoor recess for all students from grade 6 to grade 8. If there is no opportunity for outdoor recess pursuant to this section due to inclement weather or for some other reason, a school administrative unit shall arrange alternate accommodations to provide for recess. For purposes of this section, "recess" means unstructured physical activity, leisure or recreational time.

SUMMARY

This bill requires every school administrative unit to provide for all students from grade 6 to grade 8 at least 20 minutes of outdoor recess, which includes unstructured physical activity, leisure and recreational time, no fewer than 3 days a week. If there is no opportunity for outdoor recess due to inclement weather or for some other reason, a school administrative unit must arrange alternate accommodations to provide for recess.