

STATE OF MAINE

IN THE YEAR OF OUR LORD  
TWO THOUSAND TWENTY-FIVE

H.P. 701 - L.D. 1079

**An Act to Provide Comprehensive Perimenopause and Menopause Education**

Be it enacted by the People of the State of Maine as follows:

Sec. 1. 22 MRSA c. 279 is enacted to read:

**CHAPTER 279**

**PERIMENOPAUSE AND MENOPAUSE EDUCATION**

**§1700-F. Perimenopause and menopause education materials**

The department shall enter into partnerships with health care providers, including obstetricians, gynecologists, primary care providers, nurse practitioners and physician assistants, and community-based health care programs and hospitals to create and disseminate informational materials in electronic and physical form to educate menstruating persons and all individuals on the symptoms and processes of and other issues surrounding perimenopause and menopause. The informational materials must include symptoms of and treatments for perimenopause and menopause, symptoms of perimenopause and menopause for which a person should contact a health care provider, the biological process behind perimenopause and menopause, how to talk to family and friends about perimenopause and menopause and any other information the department determines necessary to prepare and educate individuals regarding perimenopause and menopause.

**Sec. 2. Appropriations and allocations.** The following appropriations and allocations are made.

**HEALTH AND HUMAN SERVICES, DEPARTMENT OF  
Maine Center for Disease Control and Prevention 0143**

Initiative: Provides funding to create and disseminate informational materials on issues surrounding perimenopause and menopause.

<b>GENERAL FUND</b>	<b>2025-26</b>	<b>2026-27</b>
All Other	\$20,000	\$20,000

GENERAL FUND TOTAL

\$20,000

\$20,000