



132nd MAINE LEGISLATURE

FIRST REGULAR SESSION-2025

Legislative Document

No. 993

S.P. 427

In Senate, March 11, 2025

An Act to Require First Responder Training for Mental Health Crisis and Critical Incident Stress Recognition

Reference to the Committee on Criminal Justice and Public Safety suggested and ordered printed.

A handwritten signature in black ink, appearing to read 'D M Grant'.

DAREK M. GRANT
Secretary of the Senate

Presented by Senator NANGLE of Cumberland.
Cosponsored by Senator: CURRY of Waldo.

1 **Be it enacted by the People of the State of Maine as follows:**

2 **Sec. 1. 25 MRSA §4201, sub-§3-A** is enacted to read:

3 **3-A. First responder.** "First responder" has the same meaning as in Title 22, section
4 832-A, subsection 1, paragraph E.

5 **Sec. 2. 25 MRSA §4203** is enacted to read:

6 **§4203. Mental health crisis and critical incident stress recognition training**

7 The Department of Public Safety shall develop and implement a training program for
8 first responders and other personnel described in section 4201, subsection 1 that teaches
9 self-recognition and management of mental health crises and critical incident stress for the
10 participants of the training and for the participants to recognize and manage mental health
11 crises and critical incident stress in others. The Department of Public Safety shall
12 collaborate with other departments and agencies, critical incident stress management peer
13 support persons, critical incident stress management teams and qualified organizations in
14 the State dedicated to mental well-being to develop, deliver and periodically update the
15 training. The training must be designed to present to a participant every 3 years.

16 **SUMMARY**

17 This bill directs the Department of Public Safety, in collaboration with others, to
18 develop and implement training to be presented every 3 years to first responders and other
19 similar professions that teaches self-recognition and management of mental health crises
20 and critical incident stress for the participants of the training and for the participants to
21 recognize and manage mental health crises and critical incident stress in others.