

STATE OF MAINE

IN THE YEAR OF OUR LORD

TWO THOUSAND TWENTY-SIX

**JOINT RESOLUTION RECOGNIZING FEBRUARY 3, 2026 AS
OLDER MAINERS DAY**

WHEREAS, Maine is home to over 310,000 adults 65 years of age and older who make positive and lasting contributions to the State every day through skills, talent, wisdom and experience, intergenerational relationships, community service and engagement; and

WHEREAS, older Mainers have spent their lives building this State, raising families, running businesses and strengthening their communities; and

WHEREAS, our communities benefit when people of all ages, abilities and backgrounds can participate fully with the highest level of independence; and

WHEREAS, older Mainers continue to play essential roles in Maine's economy and workforce, education systems, faith-based and civic institutions, charitable organizations and local and state government, contributing immeasurably through volunteering, caregiving and community leadership; and

WHEREAS, the number of Mainers 65 years of age and older is projected to increase by 35.6% between 2022 and 2032, underscoring the importance of policies and systems that support aging with dignity and independence; and

WHEREAS, Maine recognizes the valuable role of caregivers and the need to promote programs and services that support and foster their well-being; and

WHEREAS, Maine also recognizes the profound impact of meaningful interactions and social connection on the well-being and health of older adults and caregivers in our communities; and

WHEREAS, Maine must ensure that as Mainers age, they have the resources and support needed to stay involved in their communities, reflecting the State's commitment to inclusivity and connectedness; and

WHEREAS, the Maine Cabinet on Aging, established in 2022, is working to advance policies that will improve the quality of life, inclusion and engagement of older adults; and

WHEREAS, Maine is committed to supporting older people by ensuring there are opportunities available in local communities to help them stay engaged, maintain their health and independence and live where they want to live and thrive as they age; and

WHEREAS, Maine's commitment to building communities that work for people of all ages strengthens the State's workforce, economy and social fabric and recognizes that older people are essential to Maine's identity, culture and future; now, therefore, be it

RESOLVED: That We, the Members of the One Hundred and Thirty-second Legislature now assembled in the Second Regular Session, on behalf of the people we represent, take this opportunity to recognize February 3, 2026 as Older Mainers Day and encourage residents, organizations and state leaders to honor the contributions of older people, acknowledge the

challenges they face and recommit to building a state where every person can age safely, healthily and with purpose.