

Kristen Bonnette  
Montville  
LD 780

January 21st, 2024.

Testimony in support of LD780<sup>[1]</sup> “ Proposing an Amendment to the Constitution of Maine to Protect Personal Reproductive Autonomy ”

Senator Anne Carney, Representative Matt Moonen and members of the Judiciary Committee.

My name is Kristen Bonnette and I am a resident of Montville; and I urge you to vote in support of LD 780.

As a clinician and educator in the field of menstrual, hormonal and reproductive health, I see many folks who’ve benefitted greatly from reproductive choice and access to reproductive autonomy throughout their fertile years. Unfortunately we often think about this kind of choice during the prime fertile years, but I think it’s important to consider that many people choose to terminate a pregnancy after already becoming a parent, and possibly even in their pre-menopausal years when their bodies are not resourced in the same ways that younger parents are. Abortions are chosen by folks of all ages, all religions, all relationship status and are exceedingly common. When we ensure access to safe and low-risk medication and clinical abortions, we ensure safer outcomes. As residents of Maine, we deserve to have this choice and access clearly enshrined in the constitution so that it is not a regularly debated topic each election cycle. We all deserve agency in our reproductive choices, throughout each age and stage of our life. As an elected leader, you are responsible for helping out voices be heard.

Please vote in favor of LD780, to protect and ensure the rights of people in Maine. Thank you for your time.

Sincerely,  
Kristen Bonnette  
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Montville, ME