Maine Department of Health and Human Services (DHHS)
Update for Committee on Appropriations and Financial Affairs

Commissioner Jeanne Lambrew, PhD
November 14, 2019
1. Strengthening DHHS
2. Major Initiatives
3. Implementation
1. Strengthening DHHS

- Focusing Maine DHHS on the basics
  - Who we are, who we serve, what we do

- Improving our workplace
  - Holding district “office hours”
  - Promoting diversity, equity, inclusion
  - Posting and filling positions
  - Reopened a Calais Office

- Fostering transparency
  - Updates
  - Revamping website
2. Major Initiatives

Improving Coverage & Affordability

Enrollment by County, 11/7/2019

Statewide Expansion Coverage
Total: 40,770

Enrollment by Sex, 11/7/2019

Adults Without Children: Total: 33,294
- 53% Female
- 47% Male

Parent/Caretaker Relative: Total: 7,476
- 37% Female
- 63% Male

Source: DHHS Automated Client Eligibility System (ACES)

Enrollment by Age, 11/7/2019

Adults Without Children
- AGE 19-29
- AGE 30-39
- AGE 40-49
- AGE 50-59
- AGE 60-64

Parent/Caretaker Relative
- AGE 19-29
- AGE 30-39
- AGE 40-49
- AGE 50-59
- AGE 60-64

Source: DHHS Automated Client Eligibility System (ACES)
Improving Coverage & Affordability

• **CoverME Initiative**
  - Remind Mainers and small businesses that coverage is important, and affordable options are available
  - Provide **simple** information to help them decide to apply or get help if they need it

• **Taking control of the Health Insurance Marketplace**
  - Starting next fall

• **Tackling underlying health care costs**
  - Prescription drug costs
<table>
<thead>
<tr>
<th>ACTION</th>
<th>DESCRIPTION</th>
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<tbody>
<tr>
<td><strong>STATEWIDE</strong></td>
<td></td>
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<tr>
<td>Address telehealth gaps</td>
<td>Fill gaps in MaineCare, private insurance</td>
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<tr>
<td>Strengthen primary care</td>
<td>Support participation in new demos</td>
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<td>Build workforce</td>
<td>Identify gaps, programs, and incentives</td>
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<td><strong>REGIONAL PLANS</strong></td>
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<td>Develop referral system</td>
<td>Formalize system for perinatal care</td>
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<tr>
<td><strong>DELIVERY SYSTEM PILOT</strong></td>
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<tr>
<td>Identify sites</td>
<td>Assess hospitals / services, needs, leadership</td>
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<tr>
<td>Develop models</td>
<td>Array options, estimated impact &amp; trade-offs, identify waivers</td>
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*Maine Population Density (U.S. Census Bureau, 2017)*
Examples of Actions to Date

• Distributing 30,000 doses of naloxone

• Training of 250 recovery coaches

• Expanding recovery centers and treatment in every emergency room

• Hosting a Opioid Response Summit

• Investing in prevention, starting with children
Behavioral Health Map & Match

Example: Capacity Map

- **Map:** Systematically capture treatment capacity in real time
- **Match:** Identify systems to connect people with appropriate type of treatment
- **Uses:**
  - Opioid response
  - Criminal justice system diversion
  - Co-occurring conditions
Behavioral Health Map & Match

Goal: Build and support a continuum of care to meet Mainers’ needs

*Community Based Services:
  - Section 17: Daily Living Support Services—1,075 clients
  - Community Integration—5,166 clients
  - Community Rehabilitation Services—188 clients
  - Section 13- Targeted Case management—1,097 clients

Section 65:
  - Medication Management—12,524 clients
  - Outpatient Therapy—78,587 available slots
  - Intensive Outpatient Services (IOP)—9,356 available slots
  - Opioid Treatment Program (Methadone)—5,460 available slots
  - Mental Health Psychosocial Clubhouses—6,779 clients

Employment Support Services:
  - Long Term Support Employment—66 clients
  - Community Employment Services—248 clients
  - Psychosocial Clubhouses—778 clients

**Supportive Housing census includes BRAP, Shelter+Care, and Rental Subsidy

***Non-hospital Detox
  - 2 facilities, 26 clients
Adapting to an Aging Population

- Aging and LTSS Advisory Committee
- Age Friendly State Steering Committee
- Renewal of State Plan on Aging
- Elder Justice Partnership

Percent of Population Age 65+ in 2016

- Less than 25 Percent
- Greater than 25 Percent

Percent of Population Age 65+ in 2026

- Less than 25 Percent
- Greater than 25 Percent
Children’s Cabinet

Young Children: Ready to Learn

- Safe sleep campaign
- Prevention: Increasing:
  - Lead screening
  - Developmental screening
  - Vaccinations
- Social and emotional learning
- Quality child care
- Pre-school development grant

At-Risk Youth: Successful Transitions

- Substance use disorder prevention initiative
  - $2 million from the Fund for Healthy Maine
- Expanding capacity to treat complex behavioral health disorders
- Exploring additional school-based programs
Promoting Opportunity through Education and Training

Opportunity in DHHS

• People with low income
• People in recovery
• People with intellectual or developmental disability
• Older Mainers

DHHS Activity

• Programs:
  – TANF: Aspire
  – SNAP: Education and Training
  – HOPE
  – Parents as Scholars
  – LIFT and STEP

• Pilots
Crosscutting Themes

• Transportation
  – Contract alignment, listening sessions, evaluation
  – Working Cars for Working Families

• Housing
  – Technical assistance through Medicaid
  – Supportive housing
  – Residential care and treatment

• Food Security
  – SNAP: Advances and challenges
3. Implementation

Laws

- DHHS responsible for or involved in implementing 107

- About one-third complete

Resolves, Studies, Task Forces, Committee Requests

- DHHS responsible for or involved in 54

- None of the work required of DHHS staff is funded
Riverview Decertification Disallowance

• Riverview has been recertified:
  – Center for Medicare & Medicaid Services (CMS) in January 2019
  – Joint Commission in November 2019

• Disallowance fully paid in lump sum, saving on future interest payments, from:
  – $65 million from the Legislature in 2017
  – $15 million from the Legislature in 2019
Fiscal Effort
Nationally, Maine is second only to NY
State’s spending for IDD services per $1,000 of total statewide personal income, 2015

Support of Families
Percent of Total Statewide IDD Caregiving Families Supported by State IDD Agencies, 2015

Section 21 Services:
Served: 3,186
Total Wait List: 1,639
Unduplicated Wait List: 529
Percent with Other Services: 68%
Ratio: Served to No Services: 6:1

Section 29 Services:
Served: 2,286
Total Wait List: 323
Unduplicated Wait List: 189
Percent with Other Services: 41%
Ratio: Served to No Services: 12:1
MaineCare Nursing Facility Payments

- **Maine ranks:**
  - Among the most stringent states on functional eligibility criteria, thus serves relatively few nursing home residents with low needs
  - Top 20 on most measures of provider supply: personal care assistants, registered nurse hours per resident assisted living and residential care units

- **MaineCare nursing facility payments:**
  - Average annual spending growth was 10 percent from 2017 to 2019
  - In the biennial, a prospective cost of living adjustment and reestablishing rebasing on a two year cycle will add $55 million in General Fund and Federal matching funds in 2020 and 2021

- **LD 1758:** Agreement that in FY 2020:
  - Total Cost: $22-24 million, State share: ~$7 m
  - Appropriation: $520,000 ($1.04 m for the biennial)
    - 7% of total